

Regression Therapy Session, July 30, 2011

(summary)

Joanne Summerscales: We're here on the 31st of July with Simon Parkes and we're beginning session one ... of a therapy session ... and my work involves a gentle relaxation ... allowing the person to reach Alpha State and also then access a deeper aspect of their Being or Higher Self ... and allowing them to access any conditions that need to be brought into balance or harmony. Often there are other memories and other scenarios brought into the frame as their body/mind system needs ... but we'll see ... so we're going to begin

So Simon if you like to just close your eyes

Simon Parkes: Okay

JS: And just feel. Get yourself very comfortable physically. So feel that your hands ... I'm just going to touch your arm ... let's make sure your fingers are relaxed ... everything's relaxed. I'm just going to put my hand on your shoulder for a moment ... just to create a connection ... and we're just going to breathe deeply ... and we are going to intend that we are in a safe environment. That nothing but the Highest good can permeate this energy field around us. And we ask that all that is for our Highest good be brought through and any understanding that is needed

And we accept this as a Sacred Space ... communication with your Higher Self and any other levels and energies that are important for you to interface with. So we're just going to focus on deep breathing. And you breathe in from the nose ... to the count of four ... and hold it for a moment ... and out through the mouth. And we're just going to breathe in again to the count of four ... just easing the breath through the body. Hold it for a moment ... and then breathe out for four. And we're just going to do this for a few times ... just carry on breathing in ... and hold ... and release ... and breathing in again

We're just going to allow any tensions or anxieties to be released

on the outbreath ... released into the Light energy to be brought into balance. And again ... breathing in relaxation and peace ... and a sense of wellbeing ... and breathing out any sense of anxiety ... any tension ... any concerns ... just letting go feeling perfectly safe. And then just bring your breathing back to normal rhythm

And in your own time ... I want you to scan your whole body as if you were looking at an x-ray ... or a radar ... or any other image that works

SP: I've done that

JS: And tell me if you're aware of any ... any areas that need to be brought into balance today ... wherever they may be in the body ... they sometimes will come as a memory ... an emotional reflection ... you might even get a twinge or a tingle ... or you might see it in a ... as a symbol somewhere along the body or the organs. But just scan your body and tell me if there is

SP: All is clear

JS: All is clear ... that's great. So I want you to breathe more deeply and just take the breath deep into the soul mind. Just ask if there is anything that is important to bring to the surface of the memory today ... in a safe and acceptable way. Just ask the question. You can ask it of your Higher Self or those you know as your Guardians ... it doesn't matter. And just ask if there is anything that is useful for you to know ... and ... I'm just going to scan your body myself ... just checking the energy field ... and (to Simon) just have a look and see if there is any image ... any sense of information that would be useful or helpful to you now. Sometimes it's located in a physical area that carries a memory ... so you may get a sensing of that but just in your own time

SP: I'm just struck with an image of a Red Indian ... a face ... a male face ... looks like a Red Indian

JS: Okay, and what's your relationship to this person?

SP: I have no idea at all ... I've seen the person once before on a

big viewing screen

JS: Okay

SP: And the person holds their fingers up and makes the sign of a Pyramid ... but that's all I know ... and I've just seen that face again ... when you were standing over me

JS: Okay, so just focus on our friend the Red Indian ... and just ask him ... you can ask him anything you like ... for information ... and ask him the meaning of the Pyramid ... and the fingers

SP: It zoomed into the Eye of Horus

JS: Okay ... and ask him if he can give you some understanding for that ... relevant to you today. Tell me what you're seeing, or sensing, or feeling

SP: Somebody in a Sarcophagus ... it's not nice

JS: Can you see who it is?

SP: I'm looking

JS: Just ask the question

SP: Owr ... no name

JS: Okay ... ask for your relationship to them

SP: It's being withheld

JS: It's being withheld that's fine ... and you said it wasn't very nice

SP: Well ... it's death ... it's someone dead in the Sarcophagus

JS: Someone dead

SP: In the Pyramid

JS: Okay ... do you know the circumstances ...

SP: No

JS: ... that's interesting for you or of interest for you to know?

SP: Sorry ... I already answered your question ... no

JS: Okay ... that's absolutely fine ... ask the Red Indian then what is the? ... why is this being shown to you? ... what is it you need to know about it?

SP: Past Life

JS: Okay this Past Life ... is this linked with you? Or is it somebody else?

SP: There is a link ... but I don't know who this person is

JS: Okay ... there is a reason it's being shown to you ... ask for the understanding ... tell them you're ready to know

SP: It's me

JS: Okay ... that's fine. What is it about that Lifetime that is useful and helpful for you to know about now or that you need to heal?

SP: I don't understand the question

JS: Okay. Sometimes in Past Lives you can bring through energies that need rebalancing even though it's many years ago. Is there some element of understanding you need about healing for that Entity as you were back then ... ?

SP: No I'm being taught. This is a lesson

JS: Okay, okay. And what would you like to do? Would you like to ask further of this situation?

SP: Mmm hmm ... I want to know

JS: Okay. So you're just going to stand back and observe ... and you're going to let the scene unfold around you ... that brought that person as you were to that point. And all the time just asking for the understanding ... and you can do that without any emotional overtones. You may have an understanding ... but you do not need to delve into the emotional element ... if you don't

want to

SP: I understand
JS: And whilst your looking and asking ... check in your own body ... scan it again please and tell me if there is any point in the body or ...

SP: It's clear

JS: Oh good ... it's clear ... thank you. Scan that body and tell me if there is any point that is not clear

SP: It's empty

JS: The bodies empty?

SP: Correct

JS: How is that for you? Is that okay? Is it ... ?

SP: Yeah ... I have no feeling either way

JS: Okay ... all right. Again ... let's go back to the asking for understanding please. Visualize that there are others coming into the scenario with you who are part of this situation ... who have the answers. Ask them

SP: They don't have the answers

JS: Ask them who knows

SP: They say ... you know! ... I know! ... I know myself!

JS: Fine ... how can you access the answers? Is there a block to your understanding?

SP: Yes

JS: Okay ... where is the block?

SP: In my head

JS: Good ... right

SP: I can show you ... here ... (Simon points to his forehead)

JS: Lovely ... okay ... that's fine. So we're going to allow this block to ...

SP: It's hurting ... it doesn't want this ... but do it ... go for it

JS: Okay ... that's fine ... all we're going to do is to allow the block to develop its energy ... so it's going to reach its fullest potential ... and I'm going to touch this part of your head (Joanne touches Simon's forehead) ... and then with that we're very gently going to open this point here on a psychic level ... on the Higher Levels ... and we're going to allow this energy to very gently move on out into the Light ... to leave you clear ... and balanced. So we're just going to breathe in gently and we're going to breathe into this point ... and it's gently going to come out ... and it's going to be a little like steam from a kettle ... or smoke ... and it's going to evaporate ... and as it evaporates and as it comes out ... it goes into the Light to be rebalanced. And tell me if you have any difficulty with that

SP: Mmm ... it's fine

JS: Has it been completely cleared?

SP: No ... but it is changing. It's not going ... it's changing

JS: Okay ... that's fine. Tell me if there's any root point there ...

SP: No ... it must just dissipate like a lump of sugar going into a hot cup of tea

JS: Fine ... okay ... that's great. So we're just going to allow all the Light around then to pour in and to bring rebalance and understanding. Within this you will have the understanding

SP: Yeah

JS: As Beautiful Healing Light rebalancing ... it's re-establishing your link with this element of your past ... one of the many levels clearing the blockage. Oh that's great ... I can feel it moving through. Excellent stuff

SP: There are images now appearing in my mind

JS: Okay ... so I just want you to tell me when you feel that has

been completely cleared ... and if you have any difficulty let me know. But in the meantime ... I want you to tell me what images you're seeing

SP: It's a fire ... in the center and it's dark ... and there are shadows being cast by figures from the fire ... they are like Dragons ... these shapes. And it's a circle all around

JS: And where are you in the circle?

SP: I'm not in the circle ... that's the odd thing ... I'm not in the circle ... I'm at the side of the circle ... I don't think I'm in the middle. It's very difficult to ... because it's circular and I'm having to move in my mind around this whole circle ... I'll just scan it ... there are odd faces ... odd faces and they're not Human ... they're not Human at all

JS: Do you know where they are from? ... Are you familiar with them?

SP: No, no ... I don't believe ... this is not pleasant

JS: Okay ... you are completely protected ... you are observing only ... they have no power to hurt you or interfere with you ... you are simply observing. So what is not pleasant about it?

SP: Hha ... well ... they ... if you think of the Archetypal face of the Devil ... that's what these've got. But they're not the Devil ... it's not ... just very, very ... erm they're red, red color ... erm ... and they've got scaly skin. Though that red might be the light of the fire ... because the fire is throwing over sort of a red-yellow light ... but they're all in the circle

JS: How many are there?

SP: Probably ... anything between six and eight

JS: Okay ... and what is this to do with you?

SP: I don't know ... that's why I've ... I don't know

JS: Okay, focus again on the third eye area and just project from

that point ... and just see if there is anything you need to know about this. There clearly is

SP: Ah ... there's a small baby ... a small child ... and these beings are around it ... they're not hurting it ... they're being very gentle and loving to it

JS: So is this baby in the center of the circle?

SP: Yes ... it is

JS: Okay. What other information do you have about this event that's taking place?

SP: Just playing with the child

JS: And for what reason are they interacting with the child?

SP: I don't know!

JS: What is their relationship to the child?

SP: Well ... they are family ... it's a safe place this place ... it's full of energies ... which will shield the child from those that wish to harm it

JS: Hahum! ... who is the child?

SP: Me!

JS: Is that this life?

SP: Oh God no!

JS: Was this the Sarcophagus life?

SP: Yes ... this is the Pyramid!

JS: So these Beings are with you in the Pyramid ... with the baby?

SP: Yes mm

JS: Okay. What is it from that experience that you need to realize for this ... for this Time Line?

SP: I don't know ... I don't know that I do

JS: All right ... well just put the question out telepathically to the Beings ... and just ask that you'd like to know now ... you'd like to know now what is there for you to understand about this relationship

SP: Hha ... it says you're not Human

JS: You are not Human?

SP: Mmmm hmmm

JS: Okay so you weren't Human in that lifetime?

SP: No

JS: Do you know where you are from?

SP: No

JS: Do you know what species you were?

SP: No ... I've got funny ears (laughs)

JS: Okay and what's the purpose of them ... with you being in the middle there as the baby?

SP: To protect me

JS: To protect you ... okay. Just take your vision wider into the country. As an overview ... what is going on that you need to be protected? What are the conditions that are requiring your protection?

SP: It's not physical fear ... they don't want me to go with them ... to join with them

JS: So in effect ... am I correct in saying that they are placing you on the Planet?

SP: I don't know ... I don't know

JS: Ask them please

SP: (Simon breathes out slow and forcibly) ... Hoo oh oh! ... He's got a face on him. He's a tall, tall Creature with very weird sort of skin ... or sails ... or spines ... or things coming out of him ... and he's very, very tall. He's taller than the others and ...

JS: What color is he?

SP: Well ... he's red ... it's odd because you can't be sure whether this is the lighting in this room or ... whether he really is red-skinned ... and erm ... it's very odd ... it's sort of a face that's a cross between a Fish ... it's really strange to describe this ... a cross between a Fish and a Dragon. Between a Fish and a Dragon... there's just no other way to describe this

JS: And what's your relationship to this being?

SP: Well, they're saying that ... he's my father

JS: Okay. And where is he from?

SP: Oh ... I don't know

JS: Can you ask him?

SP: Ow no ... there are some horrible images!

JS: Can you tell me what they are?

SP: Mmmm ... they're not nice ... I can tell you ... children being tortured ... killed

JS: Where is this?

SP: It's here on Earth

JS: Who's doing this?

SP: They are

JS: These Beings?

SP: Mmmm hmmm

JS: And are they doing it at this time? Back in ...

SP: No they're showing me what my ... they're showing me my life ... they're showing me what I should be ... what I should become ... this is the life that I am in ... this is who I should be ... this is my Heritage. That's what I'm being told

JS: Okay and what is it about this ... these horrible images? What is it ... ?

SP: Because I reject them ... I don't want to be them. ... I choose not to be

JS: Are they showing you these images because this is their way of life or is it ... and ... or is it ...

SP: It's their Ritual ... and their Ceremony ... and their Culture

JS: All right

SP: It's not a gratuitous violence ... it's the Culture, the Ritual and Ceremony ... and this is what they do and this is what they stand for and I am a part of that ... and I should be taking part in it and I am not with them ... I should be with them and they don't understand why I'm not with them

JS: Okay, let's just follow that line further through that life and I want you to tell me what the consequences are for you then in that life of not complying to their ways, their Culture

SP: There are no consequences ... they may not harm me

JS: Fine. So what I want you to do, as a service, is to visualize a blanket of Light coming from the Godhead to those children in those conditions ... and I want you to intend Peace and Healing and Harmony. Then I want you to let that vibration go out to these parent Creatures

SP: Hmm, they don't like that. They say no ... that it is our Culture ... and our History must stand firm

JS: That's fine we're not interested in their feelings at this point. We're going to do a job of bringing Balance and Healing to this part of Life. And again, I ask you to send a blanket of Light to them ...

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whether it's accepted or not

SP: They accept it for the children ... they don't accept it to them. They want the lives of the children eased ... but they do not want to touch this Light. The Light is not for them

JS: I want you to stand in your Power as a Sovereign Being. You're not interacting with them now from a Cultural or Soul level ... you are accessing now your God Self and you are clearing this element of trauma by letting the Light seep into every cell, every flower, every tree, everything that grows, everything that is inanimate. It is a Global Healing

SP: But this World was created by them

JS: It doesn't matter

SP: This is their World

JS: A Global Healing Light. It's very gentle and eventually it will seep into their very Souls and teach them also a different way. This is part of the Teaching. This is part of what we have to do in this life ... is to bring Balance

SP: They reject you

JS: I'm not interested in their rejection. They can reject all they like. You're going to stand firm in your Sovereign Self as you are ... and you're going to Command your own Inner Light ... and like a Sun ... you're going to let your Light shine into every part of the many lives that you've had and the many Planets that you've been on

SP: This is true

JS: It is true. And when you feel that you have accomplished that ... you can send loving energy out to these beings who ...

SP: I have tried

JS: Just let it be, you don't need their permission, you don't need their acceptance, you're just doing your role ... and fulfilling that.

And when you feel that it is done to the degree that you can or are able ... you send loving energy out to those children and you ask for forgiveness ...

SP: That is what I have done. That is the priority here

JS: And we just ask for forgiveness for all those souls that have been traumatized. And we're now going to clear that trauma from one of the layers ... off one of the many layers of the Planet ... and this is going to move right through into present day because you intend it. And you're going to thank your fellow beings as well ... for the experience of understanding them and your life at that point. And just ask if there is anything else for you to know at that point

SP: They say I'm not ready yet

JS: You're not ready for what?

SP: I've asked them ... what else should I see? ...

JS: Okay, okay, that's fine, that's fine

SP: ... and they just said, you're not ready yet

JS: Okay, that's absolutely fine. All right, I just want you to allow your whole being to be flooded with Light. I'm just going to rebalance ... recalibrate ... feeling peaceful and calm. I'm just going to put my hand on your solar plexus ... a little pressure and balance

SP: That's better

JS: Yeah, okay. Well done ... brilliant work. Is there anything else you'd like to do today?

SP: No, no

JS: Fine. So we're just going to breathe deeply ... in for four ... and I'm just going to put my hand on your heart and then the crown and we're just going to let the Light stabilize into the cells ... into the many lives ... through into your Sovereign Self ...

drawing in the Sovereign Self ... and now breathing in Strength ... breathing in Love. I'll put my hands on the side of your head and very gently just feel the Light now moving out through the whole of the body ... through your head ... through the feet ... grounding you ... and on the shoulders (Joanne puts her hands on Simon's shoulders) ... and on the heart. (Joanne puts her hands on Simon's heart chakra) All right ... I just want you to check

SP: I have done ... it's clear

JS: Everything's clear. Still keeping your eyes closed for a minute ... just let everything settle ... everything settle. (Simon is suddenly frightened and disturbed by something) Okay ... if there is anything you want to say ... or want anyone to say through you?

SP: No ... the Shield has come up! It was an attempt to enter ... attempt to enter

JS: Nope ... no attempt will be allowed. No attempts allowed. Stand in your Sovereign Self

SP: No ... the defense has worked ... the defense has worked

JS: Nothing is ever allowed

SP: But this wasn't the family! ... this was somebody else!

JS: Okay

SP: It's not the family! ... family wouldn't do this! ... it's something totally different!

JS: Do you need to ...

SP: No! ... it's fine ... no! ... no! ... I don't even know ... the Shield came up like a lost lot ... imagine you looked at a black piece of paper and then you covered it in tiny, tiny, tiny white dots and it's a shield ...

JS: Lovely ... like photons

SP: It's a shield that's come up to prevent it from coming through

JS: Excellent ... okay ... okay. Right, just keep your eyes closed for a minute. I just want to go inwards and just bring a sense of peace to all that there is. I just want you to take a few moments for yourself to settle

SP: Hmmm, that was something. They're all worried about me now

JS: Who's they?

SP: All of them. They're all coming. They're just worried

JS: You're safe ... perfectly safe. Always will be ... always will be

SP: They're happy now ... they're off

JS: Okay, that's fine. And how are you feeling now?

SP: Fine

JS: Okay

SP: That was very naughty of them. It's something that's been put in me a very long time ago just for this ... this sort of thing to prevent that coming in

JS: Excellent ... and it worked!

SP: Mmmm hmmm ... it did. That's the first time I've ever had anything like that

JS: You've done a lot of work today

SP: Mmmm ... it was fine

JS: Yes it was ... it was excellent work ... well done. You did what you had to do. Job well done. How are you feeling?

SP: Fine

JS: Good. Just take your time ... but when you're ready ... we've come to the end of the session

SP: Okay

JS: I want you to breathe into the Light ... breathe into current time ... current now. I want you to feel all of yourself integrated ... fully functioning ... in this dimension ... complete and whole and safe as always. Putting everything in balance ... from the physical ... the nerves ... every single level ... feeling everything stabilized and strong. And just in your own time ... just in your own time ... you can open your eyes ...but stay where you are

SP: No ... I don't want to move yet

JS: No ... no ... stay where you are

SP: Ah God! (Joanne hands Simon a tissue) Thank you ... hello ... the cat's very concerned for me

JS: Just relax

SP: Oh I'm fine now

JS: Okay well I didn't bring any water in ... but you need some water ... so I'm going to go and get some

SP: Oh, okay, thank you

JS: Excuse me ... I'm pulling off the mic and I'm just going to go get some water

SP: Will you just put your hand on the black cat 'cause he's very worried for me

JS: (inaudible)

SP: Yeh, thank you. (Joanne comes back and hands Simon a glass of water) Thank you ... it's not tap water is it?

JS: No, no ... no ... definitely not. Are we still rolling Miles?

Miles Johnston: Yeah

JS: How are you feeling?

SP: Fine, fine. I'm very annoyed at that attack though

JS: I think you went to an unexpected place. Because when you

were saying that everything was clear ... but I knew it wasn't ... it took a while to percolate through ... but that's not uncommon. Because often we are screened from ... I'm used to that ... I am used to recognizing ...

SP: Sure

JS: I'm used to recognizing the screens ... and it's just a matter of the frequency being right so you can access. But I knew there was some blockage up here going on ... I could feel it (Joanne puts her hand above Simon's head) and there was something interacting down here (Joanne moves her hand above Simon's solar plexus) but often it's a see-saw energy kind of thing. And that became very active at one point (Joanne holds her hand above Simon's solar plexus) ... it's still a little bit active now. But it's just settling

SP: Okay

JS: You might find in the next two or three days ... you might find yourself a little bit emotionally up and down. You might find yourself tearful ... it's not unusual. Or you might find yourself euphoric ... it can go the other way sometimes ... but you will balance out ... it will take two or three days. Often ... it's common ... two or three days. So don't worry about that

SP: No, that's fine

JS: Drink plenty of water

SP: Yeah ... it's just that the attack was not from the Creatures that I was seeing

JS: No it wouldn't be

SP: That was a totally separate ...

JS: Yes

SP: ... and not ... not corporeal ... not a physical body at all ... it was just totally a ... an energy field

JS: It was probably triggered ... by ... because I do think that there

are ... you know ... like code words or mind triggers ...

SP: Right

JS: ...of mind controlled people ... I don't mean that you're mind controlled ...

SP: No

JS: I mean that it was programmed to react

SP: Right

JS: ...and to hone in like an Exocet missile

SP: Right

JS: ...and to seek and destroy

SP: Right

JS: Because it's revealing ... it's too much Light

SP: Right

JS: Because you've gone on to another level ... we've accessed another level of clearing the energy field of the Planet, which is what we've been doing, which is great and it's very interesting that you had that experience with those beings ... and I'm sure that you'll get a lot more information as the days roll by ... if you are interested about ... you know ... in inquiring about who they are

SP: It didn't frighten me ... it was just the face ... the faces were so Archetypal horrifying ... you know ... if you think of a Horror ... Hammer Horror film or something ... that's exactly what it would be and ... but the thing is ... that was their real faces ... it's not a projection ... that's just the way they look. That's just their faces. And it was most definitely in the Pyramid ... it was most definitely a fire burning near the middle showing these ... throwing the shadows around ... and ... but no way was I being harmed

JS: No ... as a baby

SP: You know ... it was ... but the images I was being shown ...

was to show me what they considered my Culture or my History. This is ... you know this is the life you are into ... you know and I didn't want that. I was not happy with that at all. So that was interesting ... but it was ... it seemed that the attack came as I was coming out ... that's the point

JS: Oh yes! Yeah! Absolutely!

SP: I was coming out of it ... which I didn't understand because you'd think ...

JS: Well ... it's like the little space between ... you know ... it's um ... I don't know how to describe it ... I know exactly what I mean ... but you know ... it's like a pause ... a slight pause ...

SP: Right

JS: Just in-between frequency change ... and that frequency allowed ...

SP: Right ... so it's like that gap. Right

JS: Yes ... and you matched ... the frequency triggered ...

SP: I understand ... I understand

JS: ... and it allowed it to ...

SP: I understand

JS: But ... you're super ...

SP: It's incredible how it just ... pooh ... stopped it coming through

JS: And that's great ... for you ... because then you know no matter what you have to ever face ... to whatever degree or whatever depth or whatever height ... you will always have that ... I mean ... you've experienced it now

SP: Mmmm, interesting

JS: And it's also interesting because it's from an unknown source and area ... but my feeling is it was triggered ... like a program

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SP: Right

JS: And I'm sure that other people will have this experience of this kind of thing ... when they have traversed an immense like ... Because had that been affective at that time that would have shattered the work ... that would have rained down on the energy that we'd just set

SP: Right

JS: It would have had a knock on effect ... it would have had a vibrational energetic affect ... which would have upset the Healing ... I mean nothing can really destabilize Healing ... except that you can send a wobble down ... which would then create an aberration. Which is what this child hurting business and the ... is all about ... it's the ... it's a misreading of the signs ... and it doesn't matter how long it's been in somebody's Culture ... it is a misinterpretation of what working with energy is about ... and that's why it is crucial we rebalance that because if we don't rebalance the healing of the innocence then we can never become our Sovereign Self. So it was really important work that you did today and well done ... it was Excellent work

SP: Well I didn't think it was going to go down that route at all ... I had no idea what it was going to do

JS: You never know

SP: I had no idea at all

JS: And often ... what I always see in this work is that invariably ... the person has no idea about that element. No matter how versed they are ... how experienced they are in accessing their many levels ... there's normally ... because this work ... the work I do ... is about digging deep to find what is unbalanced ... only to bring it to light to be healed. And we all have that within us ... at some ... at many levels of our experiences. I mean that's what this Planet is about

SP: Sure

JS: It's about giving us an opportunity to correct things ... to bring things into Balance

SP: Yes, it's a chance to put it right

JS: It's a work in progress. You know ... it's sort of day by day and event by event that we have these opportunities ... but we often don't get opportunity to work at the depth that we've done today ... you know ... that specific and particular ... and very important because it's like the Soul of the Planet and the Soul of the Cosmos because as we send out this ripple of Light, whether it was accepted by those beings or not, it doesn't matter because ...

SP: The fact that it went to the children that's the important thing

JS: Yes, absolutely. Because once the children are healed and they are not susceptible to that ... they won't have the vibrational energetic interaction to do that with the children because there won't be a match ... the children won't be victims anymore ... they'll be a different frequency which won't interest the others ... and so they will begin to do things differently because they will have to ... and they will develop different Cultures ... and what have you ... and they will begin to learn ... eventually

SP: Yes over time, yeah

JS: I mean it doesn't matter how long it takes. The fact is that we ... at least we make an effort to ...

SP: It's moving ... yeah

JS: Yeah ... I think things are moving and I think that's very important. So ... Great!

SP: Thank you, thank you. It was quite an experience I'll tell ya

JS: Yes, I knew. I could tell. And it's always interesting because ... invariably there is always resistance at the beginning ... because when you work at this deep level ... all amount of nefarious others who are not interested in the Light being brought ... you know and anchored in ... because that doesn't feed them.

So when they get their cage rattled they surely do send in the Exocet ... or whatever it is. And this is where Humanity always has the upper hand ...

SP: Yes

JS: ... because we are so amazing in our ability to be our Sovereign Self. So well done. Thanks Miles

MJ: Just for the record ... I felt really ... I had the heebie jeebies when you had your experience ... I had a very, very strong feeling of something very powerful

JS: Yes, me too ... me too

SP: Good, well, I'm really pleased that's on there (caught on the film) 'cause that's what I want ... I want the truth out. I want it out. But I've never experienced that before ... but I think that's because ... because you see ... you're not your average person ... right ... that's a compliment

JS: No

SP: So ... it meant that it could happen ... it could ... the other guy who did this Hypnotherapy wasn't strong enough ... and he never got me through the door as he should have done ... and I don't think I trusted him. So it only went to a certain level. But because I trust you ... we went through to ... where? ... God knows where! ... I have no idea where we went! ... but it wasn't what I've experienced. But that attack ... it was ... it was a millisecond ... it was so fast ... and I recognized it for what it was ... but I don't know who or where ... but I recognized it as something that must not come into my body. Mustn't enter my body. But the thing I also knew was whatever happened ... was placed in here (Simon points to his chest) very early on deliberately ...

JS: To shield

SP: ... to do this

JS: Yeah

SP: ... to do that and ...

MJ: Do you believe it attacked ... or whatever it was ... attacked ... just because you were just coming out and almost safe home so your proverbial guard was down?

JS: It wasn't actually down but I know what you mean

MJ: No, no, but you were just almost out

SP: I don't know what it was that angered ... why that attack was made. I don't know what I ...

JS: I know why that attack was made

SP: I don't

JS: Because of the work that you've just done

SP: Right

JS: Because it upsets their status quo. They want to have their feasting and their children ... and ... you know we've set a different bar now ... we've set a Planetary different bar ... believe it or believe it not ... it will be more difficult from here on in for those entity types to take from the children ... because the work will permeate through and it will also have ... for want of a better term ... a backlash energetically on them ... because there will be an energetic interaction whether they like it ... accept it ... or not. I'm not interested in their point of view ... but it is inevitable ... we're all part of the God stuff ... so too are they

SP: Yes, yes, it's (inaudible)

JS: And this is what they're doing ... it's an out of balance inharmonious action and the God stuff is not out of balance or inharmonious ... it will not allow it ... and it's time for Balance. Time to take back the Sovereign Power and when we have the children safe and protected ... we are safe and protected. So you've done some monumental work, well done! Excellent! And

I'm sure over the coming days ... if you're interested ... you can ask your other Mother for information ... or whatever should you want to know

SP: You see it really is a difference here ... because the other ... the Mantid Mother ... one of the experiences I've had where they've shown me a box ... a cardboard box ... with a baby in it that's been dumped by its mother ... the baby's fine but it's been dumped and there's a Social Worker ... and the message in my head is 'why do Humans treat their children like this?' So, you've got the Mantids, who don't eat flesh, who don't do that, and you've got this other group which do ... and what's been difficult for me is that I have a relationship with both ... and yet they are so totally different in their outlooks and the way they deal with it ... and that's really quite difficult because ... you know, you've got one set of rules with one group and a completely different set of rules with another group. So you've got to mind your P's and Q's with this one ... but here you can be a little more ... you know? And that I think's quite hard because ... you know ... I know the agendas behind both groups to an extent ... and so therefore I'm trying to ...

JS: Balance

SP: ... and you know ... keep myself okay ... and work with them ... erm

JS: But this is part of your Soul Work

SP: I don't know! ... I don't know! ... I don't know!

JS: I can tell you it is ... it is ... otherwise it wouldn't be occurring

SP: No. It is fascinating ... it really is

JS: And you will be fine ... there will be no lashback ... or

SP: I'm not at all worried ... I really am not ... I mean ... I've been told time and time again by Mantid Mum, for want of a better word, what they've actually said ...

JS: Well she would know what's going on

SP: Oh yeah. She's said to me many a time ... no body may hurt you ... nobody may harm you ... nobody may restrain you ... on pain of death. Not my death ... their death. And that's why even when they've done things they've said to me "Can we do this?" or "Can we not do this?" So ... for that attack ... that is going to upset ... that's going to upset the balance ... the balance of power ... which is not a bad thing cause they'll turn in on each other. That will actually make them ... they'll be ...they came ...

JS: It'll ... what it has done is it's set us a new set of parameters ... and that will take a little bit of getting used to ... because they're not used to having their power challenged

SP: That's true ... and I mean ... after that happened ... and then there was a presence ... I say a presence in the room but I don't mean there were figures in the room ... but they were coming to check because they weren't at all happy ... and once they checked that everything was fine ... off they went

JS: Yes ... yes

SP: And now ... I'm wondering now ... how that is going to affect my relationship with them in the future ... that's now what I'm wondering ... what the relationship will be. So that will be a very interesting thing to follow through

JS: Yes, yes, absolutely

SP: But ... I have enjoyed today ... it's remarkable. I had no concept of that's what would happen. No concept that that could happen. I've learned something new today because ... um ... there's something in me that isn't controlled by anything ... that just says 'nope we're not having that' ... and pushes it away. And that's lovely to know that ... every human I guess has got that ... you've just got to believe in yourself and trust that ... you know that will happen

JS: Yes

SP: So thank you for that Joanne ... that was well ... it was quite good. Thank you

JS: You're welcome ... we are ending this session ... and thank you to Miles

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